



Under support of:



**ALPE ADRIA INTERNATIONAL
WEIGHTLIFTING TOURNAMENT
REGULATIONS FOR 2024-2030 CYCLE**

Approved at Alpe Adria Congress 23/03/2024 (Convened by Videoconference)

1) ALPE ADRIA International Weightlifting Tournament (*short: Alpe Adria*) was founded in 1965 by the bordering nations/regions of FRIULI VENEZIA GIULIA (ITA - Mr. Marcello Zoratti) SLOVENIA (SLO - Mr. Janko Groselj) and KARNTEN (AUT - Mr. David Koffel).

Over the years, other bordering nations/regions were admitted participating. Currently (from 2010) the nations/regions approved to participate are 7: 1 - Bosnia Herzegovina (BIH); 2 - Croatia (CRO); 3 - Friuli Venezia Giulia (ITA); 4 - Slovenia (SLO); 5 - Niederösterreich (AUT); 6 - Veneto (ITA); and 7 - Zala (HUN).

Applications from other regions/nations will only be examined if all the participating regions/nations fully agree to.

2) Later it was decided that the ALPE ADRIA official language would be English, the official headquarters should be in the town of Ljubljana (SLO), the General Secretary should be appointed by Slovenia and the President should be appointed by Friuli Venezia Giulia (ITA).

3) The Presidents of the Regional/National Weightlifting Federations of the Regions/Nations officially participating in Alpe Adria are part of the Alpe Adria Board of Directors by right. In the annual Congress of the last year of the cycle, the President, the Vice President and the Secretary General of Alpe Adria will be elected for the following 7-year cycle.

4) At the meeting held in Ljubljana (SLO) on 6th of June, 2004 the delegations elected Mr Ernesto Zanetti (ITA) President and Mr Jože Zaluberšek (SLO) Secretary of ALPE ADRIA for 2015-2021 cycle. (Due to Corona Virus epidemy the competitions in 2020 and 2021 were not held, and the 7 years cycle was ended in 2023) They also nominated Mr Marcello Zoratti as lifetime Honorary President of ALPE ADRIA.

At the Electoral Congress held in Zalaeszerceg (HUN) on friday 23rd of June, 2023 Ernesto Zanetti (ITA) was elected as President, Damjan Čanžek (SLO) as Vice President and Jože Zaluberšek (SLO) as Secretary General for the 7 years Cycle 2024-2030.

5) The objectives of the annual meetings that will be held according to the calendar (see point 18), are strengthening the existing strong friendship bonds and deepening the technical knowledge of different weightlifting schools. These objectives have been pursued since 1965, when the tournament began.

6) Each national/regional team will be represented by 4 athletes: 1 Senior male athlete, 1 Under 17 male athlete and 1 Senior women athlete, 1 Under 17 women athlete. If necessary, Under 17 or Junior can compete in the Senior group.

On the other hand, athletes are not allowed to compete in a group that is lower than the one they belong to.

The national/Regional team also consists of a head of delegation, an International referee and two coaches, for a total of eight persons.

7) For the new 2024-2030 cycle a special SUPERTROPHY (offered by the President) will definitively be awarded to the region/nation that will get the top score at the end of the seven years cycle.

8) The competitions will take place according to IWF regulations. To each athlete's Olympic Total score will be applied a "Robin Point" coefficient (for Senior Men and Women for the athletes competing in the Senior Group, and for Youth Men and Women for athletes competing in the U17 group) according to IWF table.

The "Roby Point" formula used for the team classification may be replaced, subject to approval by the Alpe Adria Congress, by other formulas following the indications of the IWF Technical Regulations, if needs.

If an athlete fails three attempts in one exercise, the Robin Point formula will be calculated on the best valid attempt of the other exercise.

The sum of the Robin Point obtained by each athlete of the team will determine the final ranking of each competition.

In case of tie, the team with the lifter scoring the best "Robin Point" will be the winner.

9) The team reaching the top score in each competition will be the winner and will be temporarily allowed to keep the Alpe Adria SuperTrophy until the next year. The team will also be allowed to fix a 7 X 3 cm label on the base of the trophy, indicating on it the name of the winning team and the year where the competition took place.

10) The organizing region/nation of each single venue of the Tournament will arrange for the organization of the Technical Meeting that, traditionally, will be held in the evening of Friday preceding the competition.

They will also provide for prize giving of the first three teams, as well as of the best Under 17 and the best Senior athlete for men and women.

The organizers will also provide for the technical management of the competition, including the "competition numbers" that will be worn on the athletes' costumes during the competition.

They will provide to organise the weigh in operations and hey will also provide an ade-

quate number of competition officials, speakers, technical controller, competition doctor, etc. necessary to complete the list of referees and competition officials as required by the International Technical Rules. They will appoint a group of experts and the necessary equipment for managing the competition and printing the results.

11) Each participating region/nation team will cover their own travelling expenses whereas the organizing region/nation will provide a decent full-board accommodation for all the participating teams from Friday afternoon before the competition until the following Sunday morning breakfast. The organizers will provide to reserve, for each team, 2 single rooms and 3 double rooms. The organizers will also provide adequate public and private promotion through newspaper, radio and television advertising. They will, also, promote the EWF that support the Alpe Adria competition showing the EWF logo.

12) Each participating region/nation team must send to organizers, almost 20 days before the competitions, the complete list of the team, including the names of all the members, as well as the information regarding the time of their arrival/departure. A copy of such communication must be sent also to the General Secretary.

13) The organizing region/nation will also cover the board and lodging expenses for the President, the Honorary President and the General Secretary and the Honorary Secretary General, if they are present at the different stages of the Tournament.

14) As a tradition, the annual competition of the Tournament will take place during the first Saturday of June every year. The organizing region/nation is required to supply all the logistic information (hotel and venues) 60 days before the competition together with the definitive competition program.

15) The organizing region/nation of Alpe Adria International Weightlifting Tournament will also arrange, according to the General Secretary, a preparatory Annual Congress Meeting that must be held in March in Ljubljana (SLO) traditionally in the Saturday a week before Easter. This will be the occasion to discuss the different problems, to examine all the possible proposals and it will be defined a program for the following June competition. The dinner following the preparatory meeting will be paid by the region/nation organizing the annual competition. At the meeting will be admitted 2 members of each team. The travel expenses for participation will be covered by participants.

From 2020 The annual Congress meeting could also be convened by Internet.

16) The organizing region/nation must guarantee a precise preparation of the event based on the IWF Technical Rules. Moreover, a panel with the name and the logo of the event must be placed behind the competition platform. The Alpe Adria logo as well as the EWF and IWF logos will be also promoted.

17) The competitions will be directed by three international referees that will be nominated during the technical meeting before the competition. On the same occasion a jury consisting of three international referees will be nominated.

18) The calendar for the new 7 years cycle, beginning in 2024, has been approved as follows:

58 Alpe Adria 06/07/2024 SPLIT (CRO)

59 Alpe Adria 07/06/2025 VENETO (ITA)

60 Alpe Adria 06/06/2026 FRIULI VENEZIA GIULIA (ITA)

61 Alpe Adria 05/06/2027 NIEDERÖSTERREICH (AUT)

62 Alpe Adria 03/06/2028 ZALA (HUN)

63 Alpe Adria 02/06/2029 SLOVENIA (SLO)

64 Alpe Adria 01/06/2030 BOSNIA HERZEGOVINA (BIH)

19) All the organizing regions/nations will provide for adequate and timely information on the undertaken agreements and decisions to their National Federations and to their political and sports authorities.

20) Every participating region/nation must bring its own flag (2X 1 m approximately) for the protocol opening ceremony at every competition venue.

21) At the technical meeting preceding the competition, the participating regions/nations must pay a 200,00 Euro as "Alpe Adria Subscription Fees" to the Alpe-Adria Secretary General, as a all-in contribution for secretary expenses.

Addendum:

The Alpe Adria Congress of 04/23/2024 decided that, starting from the 59th edition of the Alpe Adria Tournament 2025, each participating team will pay the organizers a "Participation Fee" of € 300,00 to contribute to the costs for food and accommodation.

The organizers will provide to send the EU IBAN bank code in due time into which the participants can pay the participation fee (which can also be paid in cash upon arrival) and for which they will issue a regular receipt.